

JANUARY 2025

Dehesa Method Sports Academy

This institution is an equal opportunity provider. Offered daily
 1% white milk, fat free chocolate, and whole milk. Given at
 every meal is ½ cup of fresh vegetables and ½ cup fresh fruit.
 WG=Whole Grain

Monday

Tuesday

Wednesday

Thursday

Friday



No School Winter Break

1

No School Winter Break

2

No School Winter Break

3

Cereal
Fresh Fruit
Milk

6

Cinnamon Roll
Fresh Fruit
Milk

7

Breakfast Bread
Fresh Fruit
Milk

8

Egg & Cheese Sandwich
Fresh Fruit
Milk

9

10

Cereal
Fresh Fruit
Milk

13

White Concha
Fresh Fruit
Milk

14

Breakfast Bread
Fresh Fruit
Milk

15

Waffles
Fresh Fruit
Milk

16

17

Martin Luther King Jr
Day
No School

20

Cereal
Fresh Fruit
Milk

21

Cinnamon Roll
Fresh Fruit
Milk

22

Egg & Cheese Sandwich
Fresh Fruit
Milk

23

24

Cereal
Fresh Fruit
Milk

27

White Concha
Fresh Fruit
Milk

28

Breakfast Bread
Fresh Fruit
Milk

29

Waffles
Fresh Fruit
Milk

30

31